



PUMPKIN AND YOUR DOG'S DIGESTION

Pumpkin is excellent for your dog's digestive track!

Pumpkin for Dog Diarrhea and Constipation:

Pumpkin has high fiber and water content, which are good for correcting and preventing constipation in dogs, plus can help bulk up your dog's stool. Start with feeding your dog 1 or 2 tablespoons of pureed pumpkin a day, depending on your dog's size. Pumpkin may not help your dog with diarrhea or constipation if there is an underlying medical condition. Call your veterinarian for advice if the diarrhea or constipation persists.

Helping Your Dog Lose Weight with Pumpkin:

Some dogs need to lose weight, but their owners don't want them to feel hungry. Pumpkin is a great low-fat dog treat that fills a dog up due to its being high in fiber. The proper amount of pumpkin to feed depends on the size of your dog and dietary needs. Consult your veterinarian for suggested amounts.

How to Feed Your Dog Pumpkin

Pumpkin is really simple to feed to your dog too. All you need is canned pumpkin. Canned pumpkin is just as packed with nutrients as fresh pumpkin, according to the Mayo Clinic website. Canned pumpkin is a puree so it is easy to mix in your dog's food, give it to your dog as a treat or use it as an ingredient when you make dog treats.

IMPORTANT NOTE: When buying canned pumpkin, check and double check the label to make sure you are getting 100-percent pumpkin and ***not*** pumpkin pie mix.

You can also use fresh pumpkin, but it is important to cook it first. Serve your dog the insides of a fresh roasted or pureed pumpkin.

Credit to: <http://www.dogchannel.com/dog-food/pumpkin-and-dogs.aspx>